

Technology and Humanity: Who Is Really in Control?

Exploring the impact of social media and artificial intelligence on our health, privacy, relationships and society.

Let's take time to reflect, share and connect.

What We'll Explore

Together, we'll explore how technology shapes our lives — the opportunities it offers and the challenges it brings.
We'll look at two thought-provoking films as a starting point for discussion:

The Social Reckoning

A dramatization of the real-life story of a Facebook whistleblower and the questions it raises about social media, privacy, mental health and corporate responsibility.

Artificial

A dramatization of the rise of OpenAI and the debates around AI's future, innovation, safety and the power of technology.

No need to have seen the films — all are welcome. They simply help spark our conversation.

Key Discussion Themes

OUR WELL-BEING
Has technology improved our lives, or increased stress and distraction? How do we know when it's no longer serving us?

PRIVACY AND SECURITY
How much of our personal information are we willing to share? Should privacy be a basic right?

HUMAN CONNECTION & INDEPENDENT THINKING
Is technology bringing us closer together, or replacing meaningful human interaction? Can AI weaken our critical thinking?

CORPORATE RESPONSIBILITY & PUBLIC POLICY
Should tech companies regulate themselves? What role should governments play? How can citizens have a voice?

WHAT FUTURE DO WE WANT?
What should we keep, and what should we change? What kind of relationship with technology do we want for the next generation?

Because we have an impact on each other.

Every conversation shapes the world we live in.

Sunday January 17, 2027

Rockcliffe Park Community Centre
380 Springfield Rd,
Ottawa, ON K1M 0C9
(Main floor, near the library)

$20
(Tea, coffee and cookies will be served and included)

Free parking
at the back of the building.

Be present • Be kind • Make a difference